

MYSTICAL MATTERS

with Val Ryan

Dear Readers,

Several of you have asked about the importance of the year 2012. There's some misinformation out there, like doomsdays predictions. Let's explore this topic and see if we can find some balance.

The year 2012 is significant in the Mayan, Egyptian and other ancient calendars. I followed the Mayan Calendar for two years after attending a workshop conducted by Mayan Astrologer, Clare Coriell, MS, DC, (www.starofwisdom.com). Rather than thinking of time in three dimensional or linear terms, as we do with our Gregorian calendar, the Mayan's understood time to be the fourth dimension and inseparable from space. This expanded view allows us to experience life cosmologically.

In a nutshell, a Mayan year consists of 260 days; a series of five spirals with four arms called wavespells, each thirteen days for a total of 52 days. The movement of the spirals is in sync with the galaxy and our DNA. There are 20 Daykeepers that govern various energies like seed, wind, moon and star and have designated colors, minerals and flowers. Each day is numbered and resonates to a particular frequency. The New Year begins on

July 26th and eras elapse in 52,000 and 26,000-year cycles. 2012 is the end of one of these cycles.

This is where some misunderstanding has occurred. This is not an ending in the sense of judgment day or the end of time. It's the beginning of a new 26,000-year epoch. One that will include continued spiritual advancement, mutual love and respect for all, restructuring of our DNA, further alignment with the galaxy and greater understanding of our role in the universe.

It can be difficult to envision where humanity will be 26,000 years from now. To help put it in context, let's look back at Western Civilization and see how far we've come: 26,000 years ago - Neanderthals die out leaving only humans (homo sapiens), our earliest ancestors, who invent textiles, shoes and weave patterns into pottery. 10,000 years ago - humans develop agriculture and domesticate animals. 3500 years ago - organized religions are established (Wikipedia). 1500 – 1700 - the Age of Reason & Enlightenment. We achieve monumental advances in science, art and literature. 1900 - planes, trains and automobiles. 1961 – Val Ryan is born. 1969 – Man walks on the moon.

Today, we have numerous satellites orbiting earth, an International Space Station and tremendous telescopes surveying the farthest

reaches of space. These advances didn't happen overnight and as we approach the magic date of December 21, 2012, our transformation will continue to be gradual. Einstein quipped, "The only reason for time is so that everything doesn't happen at once." This turning of the cosmic wheel is the next step in our progress. We have an opportunity to reflect and decide where we want to be in five years. Wherever you are in your spiritual growth is where you're supposed to be. If we all relax into each wave of change as it comes, without resistance, everyone will move forward.

We're fortunate to live in a time and place where contemplating our spiritual evolution and seeking higher dimensions is possible. It's important that we appreciate this gift. With each feeling of gratitude you have, a message of hope is sent to the impoverished, received by the cosmos and transmitted to the one who needs it. Our task in the coming era will be to live as one and teach our children the words of Chief Seattle, "Man did not weave the web of life; he is merely a strand in it. Whatever he does to the web, he does to himself."

Can you imagine where our descendants will be 26,000 years from now? I see highly evolved beings incapable of inflicting pain. There is no war, poverty or despair. No one is homeless, goes to bed hungry or feels

alone. They use telepathy, teleportation and inter-galactic space/time travel to explore into the next eon. We are one. Beam me up Scottie.

Do you have a question for *Mystical Matters* about spirituality, mysticism or the afterlife? Email Val Ryan at ryanmystic@earthlink.net.

Val Ryan is a Spiritual Consultant and Psychic Medium who offers a variety of services including private and group readings. See her ads at the top of this page and on page _____. Contact Val at 803.750.7117 or ryanmystic@earthlink.net